INSTALLATION & OPERATING MANUAL

MAXXUS

ICE BATHTUB 90X75CM

GSMX-600419-00019-0001



ENG

Table of content

Table of content	**2**
Important information and safety instructions	**3**
Additional Instructions	**4**
Technical Data Overview	**5**
Assembling Steps	**6**
Cleaning/Maintenance/Disposal	**7**
Warranty	**8**
Notes	**9**

Important information and safety instructions

General Information

Please ensure that all people using the device have read and understood the assembly and operating instructions. The assembly and operating instructions must be regarded as part of the product and kept in a safe place so that they can be referred to at any time if necessary. Ensure that the safety and maintenance instructions are followed exactly. Any use that deviates from these instructions may result in health damage, accidents, or damage to the device, for which the manufacturer and distributor cannot accept any liability.

Personal Safety

Before starting to use the device, consult your family doctor to determine whether the use is suitable for you from a health point of view. This applies especially to people who have a hereditary predisposition to high blood pressure or heart disease, smoke, have high cholesterol levels, are overweight, and/or have not engaged in regular physical activity in the last year. If you are on medication that affects your heart rate, medical advice is essential.

Be alert for symptoms like dizziness, nausea, or chest tightness. If these occur, lower the water temperature or level, or take a break. Discontinue use immediately if symptoms worsen. Please also note that prolonged exposure to cold water can seriously jeopardize your health. If you experience any signs of weakness, nausea, dizziness, pain, shortness of breath, or other abnormal symptoms during use, stop immediately and consult a doctor in case of emergency.

This ice bathtub is not intended for infants. Use with caution to avoid drowning and consult a doctor for any specific medical conditions before using this product. Bathing may cause thirst, drink water afterward. Avoid exercise immediately after bathing. Never leave children, elderly or individuals with impairments unattended. Ensure the room is well-ventilated.

Follow these precautions:

-In cold environments, warm the product with warm water before use to make it pliable.

-Always fill with cold water first, then add hot or warm water. Do not exceed 50°C (122°F) water temperature. Fill the tub no more than two-thirds full.

-A slight plastic smell is normal during the first use and will dissipate. The materials used are safe and non-toxic.

-Drain the water completely after use to prevent shortening the product’s lifespan and causing deformation. Use the tub only in bathrooms or rooms with proper drainage.

-Avoid contact with sharp objects.

Assembly

Ensure all parts and tools listed in the parts list are present. Please note that some parts may come pre-assembled. Keep children and animals away from the assembly area to avoid any risk of injury or suffocation from tools, packaging materials (e.g., foil), or small parts. Ensure you have enough space to move around during assembly.

Before using the device for the first time and at regular intervals, check the tightness of all screws, nuts, and other connections to ensure the safe operating condition of the device.

Location

Set up the device in a flat, stable, and dry place. Uneven surfaces can be compensated by adjustable parts of the device, if available. To protect sensitive surfaces from pressure marks and dirt, we recommend placing a floor protection mat underneath. The ice bathtub can be used both indoors and outdoors. Ensure the surface is flat and stable.

Additional Instructions

Optimal Bathing Time

Recommended Duration: Limit your ice bath to 10-15 minutes per session. Extended exposure can cause negative effects. Beginners should start with 2-5 minutes and gradually increase the duration.

Optimal Temperature

Temperature Range: Maintain the water temperature between 10°C to 15°C (50°F to 59°F) for optimal results.

Usage Restrictions

Not Intended For:

-Infants or children under 12 years old.

-Individuals with cardiovascular issues or other severe health conditions.

Water Maintenance

Change the water at least once a month to maintain hygiene.

Filling Instructions

Fill the tub no more than two-thirds full to avoid overflow and ensure proper immersion.

Personalized Use

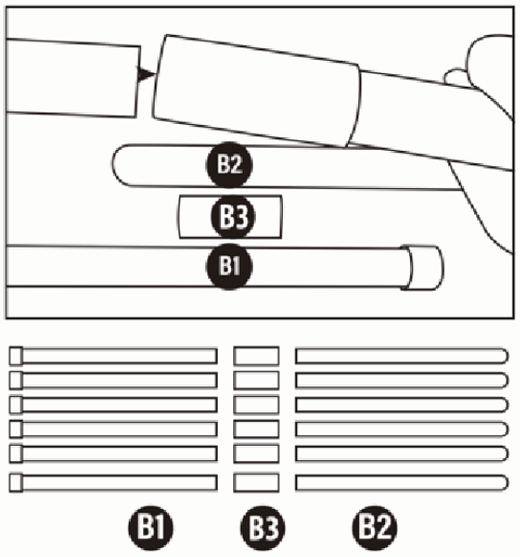
For the best results, personalize the duration and temperature based on your comfort level and recovery needs.

Environmental Considerations

When using the tub outdoors, consider weather conditions to ensure a safe and comfortable experience.


MAXXUS
MAXXUS

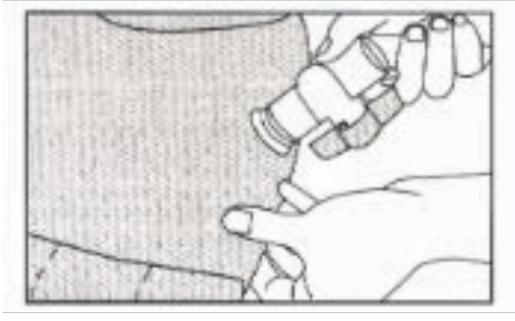
Assembling Steps



Step 1:
Assemble the tubes as shown in the diagram. You should have a total of 8 tubes.

Step 2:
Insert the six tubes from bottom to top, one by one.

Step 3:
Inflate the top air ring using a foot pump or hand pump. Stand the bathtub upright.



Step 4:
Attach and tighten the drain plug at the bottom of the tub to prevent water from leaking.

Step 5:
Connect the outlet pipe to the side of the drain.

Step 6:
Fill the tub with water.

Step 7:
Ensure all connections are secure and the tub is ready for use.

Cleaning / maintenance / disposal

Cleaning

Please use only a slightly damp cloth for cleaning.

Attention! Never use gasoline, thinner, or other aggressive cleaning products, as these may cause damage. The device is only suitable for private home and indoor use. Keep the device clean and free from moisture. Damage caused by body sweat or other liquids is not covered by the warranty under any circumstances.

Maintenance

We recommend checking the parts at regular intervals. The device may only be used if it is working properly. For repairs or spare parts, please contact our customer service.

Repair Instructions for a Punctured Tub

Step 1: Cut the vinyl patch to the appropriate size to cover the hole or puncture.

Step 2: Thoroughly clean the damaged area and allow it to dry for at least 10 minutes.

Step 3: Remove the vinyl patch from the paper backing.

Step 4: Firmly press the patch over the hole or puncture. Do not inflate the tub for at least 20 minutes to allow the patch to adhere properly.

WARNING: The device may only be used after it has been successfully repaired.

Disposal

In the interest of the environment, do not dispose of packaging materials, empty batteries, or parts of the device with household waste. Use designated collection containers or hand them in at suitable collection points. Observe the current regulations.

Warranty

The warranty is 24 months and applies to new goods at the first purchase, beginning with the invoice or delivery date. During the warranty period, any defects will be repaired free of charge. If you find a defect, you are obliged to report it immediately to the seller. It is at the seller's discretion to fulfil the warranty by sending spare parts or a replacement. In case of shipment of spare parts, the seller has the right to replace them without loss of warranty. Repairs at the place of installation are excluded. Devices for home use are not suitable for commercial or industrial use; violation of this use will result in warranty reduction or loss.

Warranty coverage applies only to defects in materials or workmanship. Wear parts or damage caused by misuse, improper handling, use of force, and interventions made without prior consultation with our service department will void the warranty. If possible, please keep the original packaging for the duration of the warranty period to adequately protect the goods in the event of a return, and do not send any goods carriage forward to our address. A claim under warranty does not result in an extension of the warranty period. Claims for compensation for damage that may occur outside the device (unless liability is mandatory regulated by law) are excluded.

Manufacturer:

Gorilla Sports GmbH
Nordring 80
64521 Groß-Gerau

Find an overview of our international partners at: www.gorillasports.eu

Notes

MAXXUS

LEADING BEYOND FITNESS



NORDRING 80, 64521 GROß-GERAU

WWW.MAXXUS.COM